



# March 2019

Mountain Villa School  
Lunch

Lunch Price List    Student Lunch: \$2.90    Reduced Lunch: \$0.40    Adult Lunch: \$3.70

**MONDAY**                      **TUESDAY**                      **WEDNESDAY**                      **THURSDAY**                      **FRIDAY**

**1**

- Bella's NY Style Pizza
- Freshly Prepared House Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety



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**4**

- Breakfast for Lunch
- French Toast Sticks
- Breakfast Sausage
- Oven Baked Sweet Potato Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety

**5**

- Sweet & Sour Chicken with Rice
- Steamed Broccoli
- Assorted Fresh or Chilled Fruit
- Fortune Cookie
- Milk Variety

**6**

- Pasta with Meatballs
- Freshly Prepared Tossed Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety

**7**

- Chicken Nacho Platter with Chicken, Tortilla Chips, Shredded Cheddar Cheese, Lettuce, Tomatoes and Salsa
- Southwestern/Fiesta Corn
- Assorted Fresh or Chilled Fruit
- Milk Variety

**8**

- Pizza Crunchers with Marinara Sauce
- Freshly Prepared Spring Mix Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety

**Comments or Concerns?**  
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**11**

- New Recipe!
- Popcorn Chicken
- Mashed Potato Bowl with Corn, Gravy & Cheese
- Dinner Roll
- Assorted Fresh or Chilled Fruit
- Milk Variety

**12**

- Indoor BBQ
- Beef Hot Dog on a Bun
- Onion Rings
- BBQ Baked Beans
- Assorted Fresh or Chilled Fruit
- Milk Variety

**13**

- New Item!
- Breakfast for Lunch
- Confetti Pancakes
- Breakfast Sausages
- Hash Brown Rounds
- Assorted Fresh or Chilled Fruit
- Milk Variety

**14**

- Pasta with Meat Sauce
- Garlic Breadstick
- Freshly Prepared Caesar Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety

**15**

- Stuffed Crust Pizza
- Freshly Prepared Creamy Cucumber Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety

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**18**

- Ham and Cheese Melt on a Pretzel Bun
- Oven Baked Sweet Potato Fries
- Maschio's Lemon/Cherry Frozen Sorbet
- Milk Variety

**19**

- Teriyaki Beef and Steamed Broccoli
- Steamed Rice
- Assorted Fresh or Chilled Fruit
- Fortune Cookie
- Milk Variety

**20**

- Cheese Quesadilla with Salsa
- Steamed Corn
- Assorted Fresh or Chilled Fruit
- Milk Variety

**21**

- Cheeseburger on a Bun
- Emoji Fries
- Pickle Chips
- Assorted Fresh or Chilled Fruit
- Milk Variety

**22**

- Pizza Bagels
- Freshly Prepared Italian House Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety

25	26	27	28	29
<ul style="list-style-type: none"> <li>• Chicken Nuggets</li> <li>• Buttered Noodles</li> <li>• Maple Cinnamon Carrots</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast for Lunch</li> <li>• French Toast Sticks</li> <li>• Breakfast Sausage</li> <li>• Seasoned Potato Wedges</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>• New Item!</li> <li>• Mini Chicken Tacos with Shredded Lettuce, Tomatoes, and Salsa Ranch</li> <li>• Black Bean and Corn Salad</li> <li>• Cinnamon Churro</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>• Grilled Cheese Sandwich</li> <li>• Green Beans</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>• Twisted Cheesy Breadsticks with Marinara Sauce</li> <li>• Veggie Dippers</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul>

**Maschio's Swap-Outs Available Daily:** Chicken Patty on a Bun , Crispy Chicken Salad, Bagel Bag, Muffin Meal , Cereal Meal

**All Meals Served** All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice.

**Nutrition Info K-5** Our well-balanced lunches available for the week, average between 550-650 calories with less than 10% of total calories from saturated fat and 0 grams of trans fat!

**Nutrition Info K-8** Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories fro, saturated fat and 0 grams of trans fat!

**Menus are Subject to Change** The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit [www.maschiofood.com](http://www.maschiofood.com) for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

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